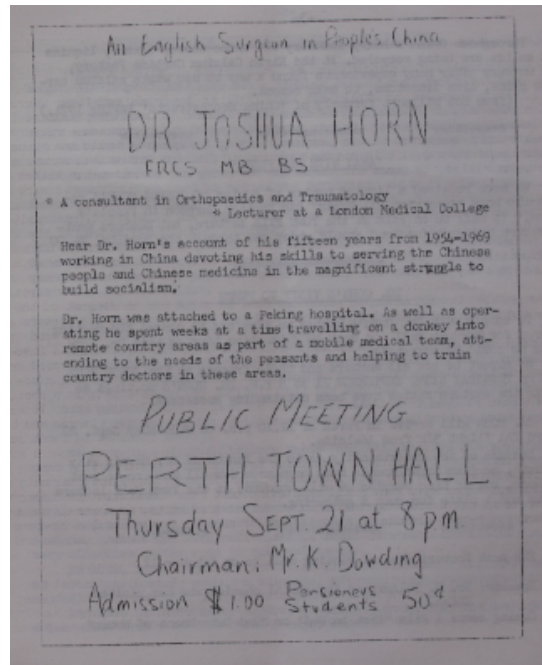
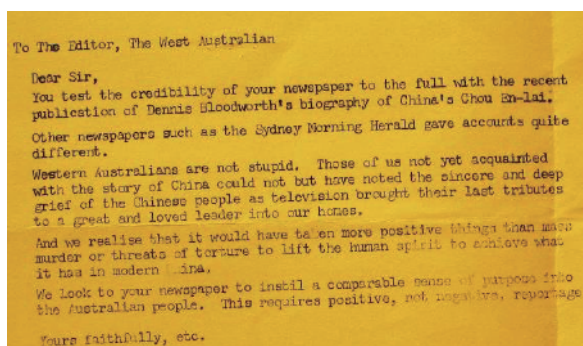


From the beginning of the Society, it was realised that a newsletter was needed to both keep the members informed, and provide an information channel to the wider community.

The early newsletters were printed on the old Gestetner copying machines. This meant that there were no pictures like in the modern day publications. Unfortunately, not all newsletters have survived. The June 1972 publication is a closely typed four page booklet, printed sideways two pages of foolscap paper. Any unusual advertisements had to be hand drawn.

Any space not filled with information about China or Society activities, was filled with poetry from Rewi Alley, whose contributions influenced the thinking of the society.



Newsletters were produced monthly, and required considerable effort to both acquire the information in them, and actually print and distribute it. Pamphlets for the visit of Han Suyin in 1975 were placed as inserts in the newsletter, as well as being distributed widely by hand.

#### CHINESE COOKING RECIPES

(As prepared by Ms J. McDonald)

2 cups Cooked Rice	¼ cup green peppers
2 small eggs, well beaten	¼ cup red peppers
¼ cup cooked bacon or ham	½ cup chopped shallots
¼ cup peas	peanut oil for cooking
¼ cup cocktail prawns	Salt & pepper to taste
¼ cup brazil nuts	

Heat 1-2 tablespoons of peanut oil in large fry pan or wok.  
Add cooked rice and heat thoroughly  
Add beaten egg, stirring constantly over moderate heat.  
Add all other ingredients and mix well  
(A little sauce may be added for flavour)  
Serve Hot!

In 1976 it was changed to foolscap page layout, as the production was easier. The front cover was upgraded by using a pre-printed form. The cover was available in different colours. In the 1990's the advent of computers meant that the layout could be improved, with pages of some copies printed in colour. However, with the cost of postage and changing role of the Society, the Newsletters are only produced quarterly. From 2003 the newsletter was also available on the internet.

Mr Brian Hassell ACFSWA's first webmaster received international recognition for the design of the Branch's and the National Body web-sites.